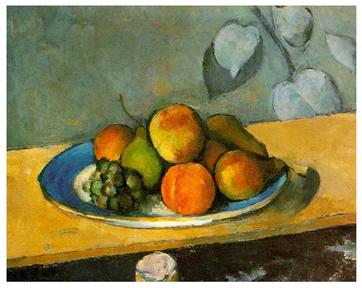
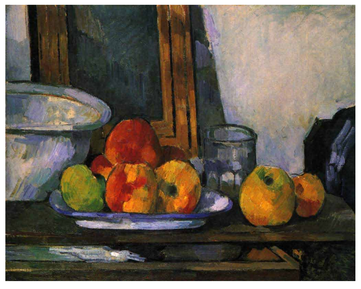
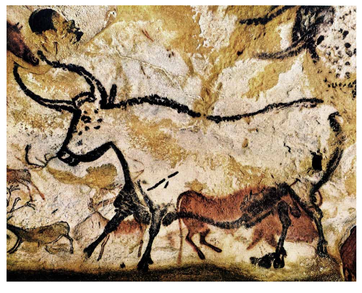






Helt tilbage til de tidligst kendte billeder fra menneskets hånd har vi afbilledet vores mad og den måde, vi jager, dyrker og tilbereder den på. Grundlaget for de store kulturers opståen var landbruget, og måltidet står gennem tiderne centralt i alle **kulturers symbolik** som vidne på, at vi mennesker frem til den industrielle æra har brugt størstedelen af vores tid på at tilvejebringe vores mad.

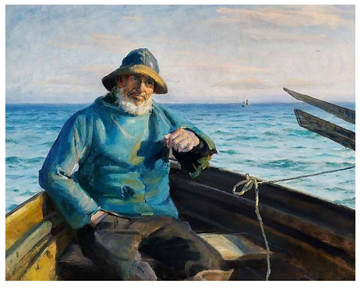
I den kristne er ikonografi er 'det daglige brød' således metafor for vores livsindhold, mens Jesu blod og legeme er repræsenteret ved vinen og brødet.

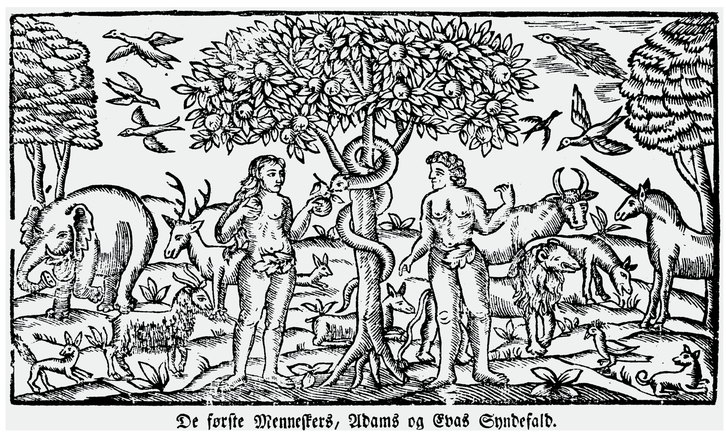
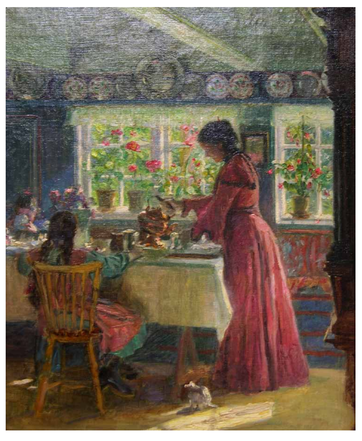
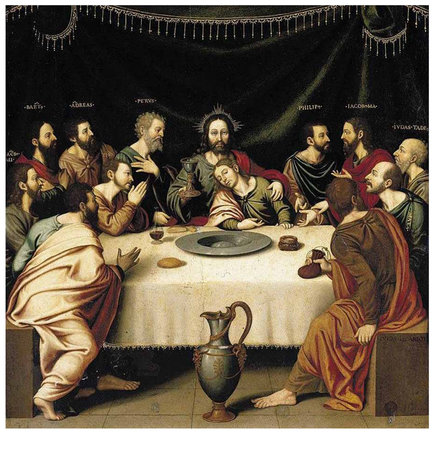
Et af de tidligst beskrevne måltider er dengang Eva rakte **Adam æblet** fra Kundskabens Træ. Forvist fra Paradis måtte vi arbejde i vores ansigts sved, og i vores stræben efter at genskabe **Paradis på jord** er vi med den industrielle tidsalders redskaber hastigt ved at nedbryde vores naturgrundlag.

From the earliest known images of Man, we have depicted our food and the way we hunt, grow, and prepare it. The emergence of the great cultures was based on agriculture, and throughout the times the meal has been a core element in the **symbolism of cultures**, witnessing the fact that until the industrial era, we human beings have spent most of our time providing our food.

In Christian symbolism 'our daily bread' is a direct metaphor for our life content, while Jesus blood and body are represented by the wine and the bread.

One of the earliest recorded meals is Eve offering **Adam the apple** from the Tree of Knowledge. Banished from Paradise, Man had to work in the sweat of his brow, and in our striving to recreate **Paradise on Earth**, with the tools of the industrial era we are rapidly depleting our natural base.





De første Menneskers, Adams og Evas Syndefald.